

# EAST KENT FEDERATION

## EAST KENT NEWS

SEPTEMBER 2025



### Contact Information for the Federation Office

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### Opening Hours:

Tuesday to Thursday,  
9.30am – 3.00pm  
(closed for lunch from  
1.00pm to 1.30pm)

East Kent Federation  
[Website](#)

[Ticketsource](#) for  
bookings



### WORD FROM OUR CO - CHAIRS

I hope that everyone has been able to make the most of the lovely summer weather and had a great time with outings and garden parties. Having spent four weeks in Australia following the British and Irish Lions rugby tour, where the weather was not always lovely, I have missed a lot and am looking forward hearing all that you have been doing.



As you will see in this newsletter there are some excellent events for members and their friends to enjoy coming up – why not invite a friend around to watch the Zoom talk about the sons of George III? The ever-popular craft day will take place in November and once again the Lifestyle team have found some fascinating crafts for us to attempt.

It's wonderful that so many WIs are embracing this year's campaign 'Bystanders can be Lifesavers' and are organizing CPR training for their members and, in some cases, for their villages – brilliant!

Under the Public Affairs heading in the newsletter, you will see that NFWI is organizing a stunt on Margate main sands to support 'Restart a Heart Month', we hope that as many of us as possible will be able to join in.

WI Day is fast approaching and we are looking forward to meeting some of you at Godmersham on 16th September and we are also looking forward to hearing from you how your WIs celebrate the event.

Carol

[federation.chairman@eastkentfedwi.org.uk](mailto:federation.chairman@eastkentfedwi.org.uk)



I hope you have all been enjoying this lovely summer. My tour of the WIs was paused for August as so many of you don't meet in August but I will be resuming shortly. It's so nice to see that whilst some of you don't have a meeting you meet in either a member's garden or somewhere lovely to celebrate each other's company. We are so fortunate to have such a great network of friends. It's at the heart of our organisation.

Don't forget that the trustees and advisors love to visit your events. I enjoyed lovely strawberries and cream at Wingham's summer garden party with Gill Crone. It's so nice seeing your friendships.

We might not always be able to make it but it's lovely to be invited. I haven't been away this summer as I was blessed with a new granddaughter at the beginning of July. I've been busy with childcare over the holidays.

I recently attended a recruitment training session with NFWI. It was said the reason that organisations such as ours are struggling to find officers and trustees is due to the increase in retirement age, childcare and elderly care and the knock-on effect of Covid. It's all perfectly understandable but the benefits of volunteering far outweigh the effort. If you would like to come along and observe a Board meeting or one of our team meetings you would be made very welcome. There is no pressure, but I truly believe when you see how hard the board works and how much they care you'll be hard pushed to think of a reason why not! Give us a call - there might even be cake!

Angela

## SPEAKERS UPDATE

These speakers missed inclusion in the latest edition of the Speakers Directory which is at the printers.

**Graham Parker** – St John's Ambulance, Suite 1C, Orchard House, Orchard Street, Canterbury, Kent CT2 8AJ Tel No: [01344 770 4800](tel:013447704800) or [07971 297108](tel:07971297108), Website <https://www.sja.org.uk/contact-us> - CPR and Defibrillator Training – includes demonstration. No equipment required. Covers all of Kent and available to speak am, pm and evenings. Not available to speak on Zoom. Fee charged – None.

**Liza Hooks** – 18 King's Park, Canterbury, Kent CT1 1QH, Tel No [07486 497438](tel:07486497438), Email – [info@theorganisingstudio.com/liza.mayne.hooks@gmail.com](mailto:info@theorganisingstudio.com/liza.mayne.hooks@gmail.com), Website – [www.theorganisationstudio.com](http://www.theorganisationstudio.com). Fee charged £50 plus travel at 45p per mile if beyond 15 miles. Equipment required – Screen and Projector. Category 7 – Declutter at the speed of life, The Menopause Effect: How hormonal changes impact our relationship with clutter, Downsizing: Making space for what really matters, From paperwork to purse: Honouring legacy through administration. Covers area mainly central to Southeast Kent, 30 miles radius from Canterbury. Available to speak am, pm and evenings and via Zoom. Also potentially available to speak at short notice.

**Nicholas Woodward** – 7 Dadson Court, Smarden, Ashford, Kent TN27 8AD, Tel No [01233 770332](tel:01233770332), Email – [Nicholas\\_woodward@hotmail.com](mailto:Nicholas_woodward@hotmail.com), Facebook (The Wacky Candle Company). Fee charged £70 plus £25 travel. Category 4 – Brief history of candle making process and step by step guide on how to make your own use of left over wax, questions and answers. No equipment required. Covers all of Kent. Available to speak pm and evenings and at short notice.

## DATES FOR YOUR DIARY

Saturday 6 September 2025	Archery Taster Day RESCHEDULED DATE	
Tuesday 16 September 2025	WI Day, 110th Anniversary of the WI	Page 3
Sunday 21 September 2025	ECO FAIR Margate	Page 6
Thursday 9 October 2025	Art Day	Page 5
Sunday 12 October 2025	Restart a Heart Event Margate	Page 7
Thursday 13 November 2025	Craft Day	Page 4
Tuesday 25th November 2025	Zoom talk 'The Disgraceful Sons of King George III	Page 6
Saturday 29 November 2025	16 Days of Activism March organised by Canterbury Soroptimists	Page 6
Tuesday 30 December 2025	Closing date for photography competition	Page 6
1st February 2026	Joan Boucher Cup Deadline	Page 5
Thursday 2 April 2026	EKFWI AGM, Kent College, Canterbury	

**To book direct or to see if tickets are still available click on [Ticketsource](#) for most events.**

## EDITORIAL TEAM

The editorial team apologises for any misunderstanding last month. The EKN is published 11 times a year, there is no August edition due to holidays.

Can we remind you that WIs can send in one report, maximum 150 words and maximum 2 photographs.

Remember a picture speaks a thousand words. [MyWI](#) has guidelines and tips on PR which includes tips for photographers.

A lot of smart phones have decent cameras, but it is essential to focus on your subject and many smartphones can lock the image to prevent blurring, particularly useful if your hands shake. It is worth checking the user guide for your phone on how to use the camera. A few moments of time will improve the quality of your photos.

**Please do not embed** the photos in your text, send them separately as attachments. The editor needs to be able to edit all copy sent in for publication. The editorial team are volunteers please try to help them by following these guidelines.

## TIP OF THE MONTH

### St Stephen's WI recommendation.

We thought we would share tonight's speaker with you.

The topic was 'Cyber crime prevention and protect'. Arran was fantastic with the ladies and talked at our level. The members loved him and we really wanted to share.

Arran Ostridge,  
email 61736@kent.police.uk

## EKFWI FACEBOOK GROUP

Have you noticed that the FB group is more active than before, we love publishing your photos and posts.

Please send us all your lovely pictures and stories - other WIs love to see what you are doing.

We are checking the private members FB group to make sure it's up to date. - if you find that we have deleted you by mistake please call the office and you'll be reinstated immediately!

## EAST KENT FEDERATION OF WOMEN'S INSTITUTES

### Join the Board of Trustees on WI Day to celebrate the 110<sup>th</sup> birthday of the amazing Women's Institute

Tuesday 16<sup>th</sup> September 2025

at

Godmersham Village Hall  
Canterbury Road, Godmersham, CT4 7DR

From 2pm

for

*A glass of PJMMS on arrival (non-alcoholic options available)*

*Cream tea with fresh strawberries*

*Tea and coffee*

(please inform us of any special dietary requirements when booking)



**Dress to impress**

**Reflect an era of the WI**



*There will be a presentation by  
Judi Knight*

**Displays**

*See some of our  
amazing archive  
material*

### Preserves Competition

In recognition of the important role the WI had in preserving home grown produce during the wartime years we would love you to bring your best pot of jam for our competition.



**Tickets - £15**

Available on Ticketsource: <https://www.ticketsource.co.uk/east-kent-federation-of-womens-institutes>  
Or direct from the EK Federation Office: Email: [assistant.secretary@eastkentfedwi.org.uk](mailto:assistant.secretary@eastkentfedwi.org.uk)

## NOMINATIONS FOR BOARD OF TRUSTEES.

Elections are coming up soon for members to serve as trustees on the East Kent Federation Board of Trustees ((BOT).

Up to 10 elected trustees will take office following the Annual General Meeting on 2<sup>nd</sup> April 2026. Under the terms of the updated CIO constitution, they will serve for 3 years until March/April 2029. Details and nomination forms will be sent to WIs next month; if more than 10 nominations are received before the closing date of 12<sup>th</sup> December 2025 a ballot will be held.

## PUBLICITY OFFICER

We are desperately seeking someone to help the federation publicise our events and the federation itself. We know our members are super clever and super skilled - one of you will have the skill set we need. 🤖

At present we have a member's only Facebook group and a public Facebook page which we use to share information. Are you a wiz on FB? Do you love making snazzy posters? Are you brilliant at making reels?

Your Federation needs you! 🍌

It is a role that is outside the Board and that can be done in your own time to suit. If you are interested in finding out more just call the office.

**CRAFT DAY**

**Thursday 13<sup>th</sup> November 2025**

**CHARTHAM VILLAGE HALL**

**10.00AM – 3.00PM**

**TICKETS £28**

Choose two crafts from the list, one for the morning and one for the afternoon.

Details of any equipment required will be sent to you nearer the date.



**Flowers in a box**



**Lino Printing**



**Shashiko**



**Silk painting**



**Resin Dip**



**Sugar Craft**

Ticket price includes the cost of materials for the two craft sessions,

tea, coffee & biscuits on arrival.

Please bring a packed lunch and a mug if possible.

Tickets are sold on a non-returnable/non-refundable basis, unless the event is oversubscribed. Tickets for this event should be ordered from the Federation Office.

Email - [assistant.secretary@eastkentfedwi.org.uk](mailto:assistant.secretary@eastkentfedwi.org.uk);

Telephone – 01227 464106

**NINA VALLACK**

Many members will be saddened to hear of the recent death of Nina Vallack

Nina was a member of Ash with Westmarsh WI for 60 years and during that time she served on the committee, being secretary and undertaking the role of President many times. Indeed, for one year she shared the President's role with two other members to ensure that the WI did not close.

Nina very much enjoyed learning and excelled at numerous crafts, she was an active member of the Deal and Sandwich Craft and Home Economics Guild, where she was able to teach members many different skills and attended Denman on numerous occasions to enhance her craft skills.

Nina was a member of the East Kent Federation Craft and Home Economics sub-committee helping to arrange such events as Spring Garden Day, Craft Days and Dabble days for members to enjoy. She became an East Kent Federation cookery judge and an NFWI Staging and Interpretation judge.

Nina will be greatly missed by all her WI friends.

**AUDITIONS EVENT FOR SPEAKERS**

**SEASALTER & DISTRICT WI HALL**  
**8 Faversham Road, Seasalter, Whitstable, CT5 4AL**

**Wednesday 15<sup>th</sup> October 2025**

**Doors open 9.15 am**

**9.30 am – 1.00 pm**

**Ticket price £5 payable on the door**

Raffle, tea and coffee will be available on arrival.

No pre-booking required – please note that this is for members only. This is the way YOU choose the Speakers as recommended in the Speaker's List.

Any queries, please contact the EKFWDI Office- 01227 464106 or [assistant.secretary@eastkentfedwi.org.uk](mailto:assistant.secretary@eastkentfedwi.org.uk)



## LIFESTYLE TEAM - PALS

### ART DAY – DRYPOINT PRINTING Blean Village Hall, 2 School Lane, Blean, Canterbury CT2 9JA

**Thursday 9th October 2025  
10:00 – 15:00**



You will be taught by experienced tutor Andy McNally the drypoint printing method and given advice on how to continue with further projects at home.

You will learn how to print your own greetings card, or a picture to colour and frame at home later. Pictures measure 5"x7". You may choose from the pictures provided or if you have something you would like to print please email event organiser (details below) a copy so the tutor can be shown the item in advance of the day for advice.

Please bring an apron or overall, as can be messy, plus flat shoes and a packed lunch.

There is plenty of free parking at the hall.

There is a bus stop on Whitstable Road just 5 minutes' walk from the hall

#### Tickets £20

**This includes the cost of materials, small group workshop and experienced tutor plus unlimited tea/coffee and biscuits all day!**

Tickets are sold on a non-returnable/non-refundable basis and can be booked on [Ticketsource](https://www.ticketsource.co.uk)

Or by contacting the Federation Office

For Specific enquiries about the day please contact event organiser via the EKFWDI office.

### JOAN BOUCHER CUP for WRITING

To celebrate the 50<sup>th</sup> anniversary of the death in 1976 of popular author Agatha Christie, this year we are inviting you to write your own.....

#### MYSTERY SHORT STORY

The winner will be invited to read their story at the very popular literary lunch to be held on 22nd April 2026 at Godmersham Village Hall. It will also be published in East Kent News



#### Simple Rules:

- Please ensure your story has a title.
- Please write how many words you have used (maximum 600)
- Do not put your name or WI on the short story but send a covering note, to enable fair judging.
- Submit your story either via email to [assistant.secretary@easkentfedwi.org.uk](mailto:assistant.secretary@easkentfedwi.org.uk) or post to the Federation Office

**Closing Date for Entries is 1<sup>st</sup> February 2026**

**For further information please contact the Federation Office**

### The Winners of July 2025 200+ Club draw

1st	£17.25	No 119	Pam Draper	Rodmersham Green WI
2nd	£10.35	No 131	Pat Hyatt	Whitfield Evening WI
3rd	£6.90	No 28	Pam Pither	Garlinge WI

### The Winners of August 2025 200+ Club draw

1st:	£17.25	Jennifer Hobbs	Abbey WI
2nd:	£10.35	Hilary Clarke	Minster -in -Thanet WI
3rd:	£6.90	Mrs. B. Wimble	Newchurch WI

## LIFESTYLE TEAM - PALS



**Ladies getting snapping!**

### **The PHOTOGRAPHY COMPETITION**

#### **I N S E C T S**

This is a free to enter competition, suitable for those who just point and click their phone as well as more advanced photographers! The balmy days of summer are a great time to get snapping those insects around us!

We had a super response to the previous competition, and this year from the suggestions given by members at the AGM, we have chosen the theme... **INSECTS**.

We are so looking forward to seeing your entries, the only stipulation is that the photograph is taken by a WI member. Please put your name and WI on the reverse of the image if sending in via post. Sorry but images sent by post cannot be returned.

The office looks forward to receiving your images via email – please head the email INSECT entry and send to [assistant.secretary@eastkentfedwi.org.uk](mailto:assistant.secretary@eastkentfedwi.org.uk)

Closing date: 30th **December 2025**

The top five will be on display at the EKFWI AGM at Kent College in April 2026 and the winner featured in East Kent News. Certificates will be issued to the top three winners

**For further information please contact the federation office.**

With the winter approaching we invite you to attend a **Zoom Talk**

**Tuesday 25th November 2025 at 19:30**



### **The Disgraceful Sons of George III**

**Speaker: Janie Ramsay**

Janie makes a welcome return to East Kent, this time with this intriguing and informative talk!

With over 50 illegitimate children, 5 illegal marriages, countless mistresses, possible poisonings, parliamentary enquiries, court cases and even a stabbing – what a family to share an interesting evening with!

**£5 PER PERSON**

Non members welcome.

Please contact the office if you wish to arrange a Watch Party.

Please book via [Ticketsource](https://www.ticketsource.co.uk) or contact the office by Thursday 13th November 2025

## PUBLIC AFFAIRS TEAM

### **16 DAYS OF ACTIVISM**

On **Saturday 29th November** EKFWI are joining the Canterbury Soroptimists for a peaceful march through Canterbury for '16 days of activism'.

This is a national event organised by Women's Aid saying NO to Violence Against women and girls.

We will be there - will you join us in standing against this national emergency? We will give you the time as soon as we have it. Let the office know if you will be there.

### **ECO FAIR MARGATE**

Local parking is plentiful and available along the main road alongside the gardens which are found on the clifftop green of Westbrook, Margate.



## BYSTANDERS CAN BE LIFESAVERS

### RESTART A HEART MONTH

**Margate Main Sands on Sunday 12th October, 11am-12:30.**

We have been contacted by Ellie Brain who is the NFWI lead for this campaign.

NFWI is currently organising a campaign stunt to mark Restart a Heart Month this is to draw press attention to the gender inequality in cardiac arrest survival rates. It is due to take place on Margate Main Sands on Sunday 12th October, 11am-12:30. Alongside the stunt, there will be speakers and potentially some first aid training.

Margate WI will be attending, and we hope that as many members from East Kent Federation as possible will be able to join in. The details are as follows:

#### **Uncover to Recover: Restart a Heart Month Campaign Stunt**

To bring attention to the gender disparity in cardiac arrest survival rates during Restart a Heart Month (October 2025), join members of East Kent Federation WIs to perform a striking awareness demonstration for the Bystanders Can Be Lifesavers campaign. At low tide on Margate Main Sands, we will be forming a large heart shape while wearing bras over our clothing, which will be captured via drone photography from above. This visual statement aims to draw media and public attention to a critical issue: in public cardiac arrest incidents, women are significantly less likely to receive bystander CPR than men. On the day we will be joined by NFWI staff, trustees, press, and relevant charitable bodies

#### **Logistical Details**

- **Date and Time:** Sunday 12th October, 11am-12:30pm.
- **Location:** Margate Main Sands
- **Dress Code:** Wear dark, comfortable clothing and bring a light and/or bright coloured bra that you can wear over your clothing. Be prepared for all weathers.
- **Registration:** Please email [pa@nfwl.org.uk](mailto:pa@nfwl.org.uk) to confirm that you are attending, so we can gauge attendee numbers. You can email on behalf of yourself or on behalf of your WI.

#### **Cardiac Arrest is a Feminist Issue**

The NFWI is concerned that multiple studies have shown that people are less likely to perform CPR on women compared to men in emergency situations. As a result, the British Heart Foundation has estimated that more than 8,200 women in England and Wales could have survived cardiac arrest if they had been given the same treatment as men between 2003 and 2013.

Below, we identify why cardiac arrest should be considered as a feminist issue:

1. **Fear:** St John Ambulance research found over a third of Britons fear giving CPR to women, and 38% feel uncomfortable using a defibrillator on them due to chest pad placement requiring bra removal. This hesitation costs vital seconds and can also lead to bystanders refusing to help during cardiac arrest.
2. **Lack of public recognition:** A common myth is that women have unusual cardiac arrest symptoms, though both sexes share similar warning signs and symptoms. This misconception leaves women less aware of their own symptoms, less likely to call an ambulance, and less often recognised by bystanders as experiencing cardiac arrest.
3. **Clinical Bias:** Historically, women's cardiovascular health has been neglected due to unequal representation in research, trials, and the medical field, alongside workplace discrimination. A 2018 study found women in England and Wales were 50% more likely than men to receive a wrong initial heart attack diagnosis, often mislabelled as anxiety, leading to inappropriate care and a higher cardiac arrest risk.
4. **Training:** St John Ambulance reports 95% of CPR manikins are flat-chested, and training rarely uses bra-wearing models. Using manikins that reflect women's bodies could improve bystander CPR delivery and survival rates for women.
5. **Biology:** Menopause increases cardiovascular risk due to declining oestrogen, a hormone that protects the heart. Early menarche (onset of first period), polycystic ovary syndrome, high blood pressure in pregnancy, and oral contraceptive use are also linked to higher cardiovascular disease and cardiac arrest risk. Please note the details for registering so that the organisers will have an idea of how many people to expect – we hope that there will be many. See you there!

## FROM OUR CLIMATE AMBASSADOR

As I am still the only Climate Ambassador in East Kent, I meet regularly with the Climate Ambassadors in East Sussex who are a lovely bunch of ladies.

We have recently been discussing how our online activities affect our carbon footprint. It's not so much the electricity that our devices use that is the problem but all the activity that goes on in the background at the data centres that provide our online services. Artificial Intelligence is particularly energy hungry.

There are some steps that you can take to try to reduce the environmental impact of being online:

1. Cut down on your social media use
2. Reduce streaming and video calls
3. Delete old emails and don't send large attachments unless you have to
4. Declutter your cloud storage

There is a lot more detail about this on this website [The online world has a real-life environmental impact - here's how to reduce it - Which?](#)

Our local district council has been running a Green Grant scheme aimed at local voluntary groups and charities including the parish councils. They have received over 50 applications which just shows how many environmental projects are being set up in our local community.

In Hythe, we already have the very active Hythe Environmental Community group which runs all sorts of projects including a community orchard, gleaning surplus vegetables, regular litter picks, electrical recycling, an apple pressing day and community hop growing.

We borrowed the hop growing idea from Deal With It who are a similar organisation in Deal. Their projects include turning the Captain's Garden at Deal Castle back into use as a community space and garden.

In Folkestone there is a monthly Repair Cafe and another electrical recycling scheme. Are there similar projects where you live? If so I would love to hear about them.

On a lighter note, I have been having a clear out and have a lot of soft toys looking for a new home. My local charity shop will only accept those with a CE label but a friend told me about this wonderful website [Loved Before | Eco-Friendly Toys](#). You can send your old soft toys to them and buy recycled toys or gift cards from them. As they say, there are already enough soft toys in the world to never need make a new one again. They describe themselves as a sustainable soft toy adoption agency.

## News from around the Federation

It was a fun-filled summer for **Woodchurch WI**. Their July meeting saw Joe Mendel, an American amateur actor and presenter give a very droll impersonation of Bob Newhart. An appropriate talk as Bob Newhart had died in July 2024.

As August began to warm up, Woodchurch members, bedecked in their best hats, took a train trip from Tenterden to Bodiam. Before the train departed there was a very interesting tour of the Railway Museum at Tenterden Station. Here we learned about long lost rural railways of the past. As the train chugged through the beautiful Wealden countryside of the Rother Valley, members also enjoyed a delicious cream tea. An extremely enjoyable day

**Tunstall Evening WI** held their summer social this month, as the weather was lovely we sat outside and enjoyed the summer evening, with member Carol Butters celebrating 40 years as a WI member. As well as our usual shared supper, this year we held a charity raffle and bring and buy in aid of Dementia UK. In total we raised £113.75 for the charity.







**Deal Goodwins WI** Gardening Group went to Quex Park in June as forerunners of a project being promoted by Quex – “an organised tour of the gardens followed by afternoon tea”. We were met by Sue Harris, the Head Gardener.

She led us through the Museum to the original gardens of the property, a beautiful, landscaped area surrounded by wonderful old trees. This is well worth a visit of groups up to around 14-15 and we suggest you contacting Sue.

sue.harris@powell-cottonmuseum.org.

Members of **Deal Goodwins WI** and our twin, Frindsbury Extra WI, met in August for our annual meeting to celebrate 20 years of twinning and exchanged gifts to commemorate the occasion. We all enjoyed an afternoon tea provided by Deal Goodwins and entertainment by a local band, Ukulele All Sorts.



We had an enjoyable afternoon meeting old friends and making new ones and look forward to our continued twinning.

**Newington WI** ran a vintage tea room at Newington fete. The theme was 1940 so we dressed as the land army. It was a brilliant success raising funds for a local charity.



Twenty members of **HOATH WITH DISTRICT WI** spent a very fun morning at Quex Park Crazy Golf for our summer outing. We had come prepared for all weather conditions, but in the end the sun shone and we were able to have lunch outside after the golf. Score cards were compared and some ladies even managed “a hole in one”. Everyone agreed that it had been a very enjoyable event photo



On a sunny, but breezy day on Friday 8 August, members of **Castle Green WI** met on Hythe Promenade for our annual picnic lunch of Fish and Chips with Prosecco and fruit juice. A great time was had by all."



**GARLINGE WI** recently enjoyed a cream tea at Taddy's Barn, Margate and seen here are Fran, Linda and Isobel getting ready to tuck into a huge platter of delicious goodies that would have satisfied the most ravenous. To add to our pleasure the owner organised a game of Bingo and four cream teas were given away as prizes. Altogether, a most enjoyable afternoon.



**Becket WI** Eco Warrior Wombles were out in the Westgate Gardens and Toddlers Cove in Canterbury on 25th June to support the 'Big Green Week'. Lots of rubbish was collected and much fun had on an extremely hot day!



Members of **St Peters Village WI**, friends and relatives had a most enjoyable evening on Monday 14th July at Ramsgate Croquet Club, playing in teams of two and against another pair to battle it out for one pair to be overall winners receiving a prize each from the croquet club.

It's amazing how well everyone played- it seemed the game gave energy and much enjoyment'.

This photo is of members enjoying an afternoon at Quex Park Birchington on 12th August. They visited the museum, house and gardens and had a lovely cream tea afterwards.



### Seasalter Cross

**WI** took a coach to Greenwich for our annual trip out. This was enjoyed by everyone. We split into groups with some visiting the Museum, Queen's House, Greenwich Market, and a trip up the river. On the boat we enjoyed a glass of vino listening to the informative guides. They told very entertaining stories of the historic sites we passed. The trip bought back many memories for all of us. A very worthwhile day out.



For our contribution to the Big Green Week members of **Orlestone WI** created a photo collage of things they love and displayed it in the windows and then the boards inside Hamstreet Victory Hall.



### GARLINGE WI

were offered the chance by Thanet Indoor Bowls Club to have a taster session of bowling. Here are some of the ladies in action, as it is a lot harder than it looks nobody is likely to be taking it up but it did provide a fun afternoon, especially after a fish and chip lunch.



The Walking Group recently spread their wings and landed in Ramsgate at Dawn's Cafe where they participated in a tile making project, Baton of Hope, organised by ceramist Jayne Wright. It was a fun experience and there were some good artistic efforts.

We were proud of our participants in the Cancer Research UK Race for Life. Elaine, Isobel, Andrea and Fran raised over £200 for this magnificent charity.

One of the many items **Kennington WI** Calligraphy group have been working on, a poster in Commemoration of VJ DAY on the 15th August.



This year **Chestfield WI** was joined by Rachel Edmed the representative from Pilgrim's Hospice, the Charity chosen by the members for its Annual Presidents Charity Event.

This Charity is close to Our hearts as they have personally helped a few of our members in this past year. Rachel informed us about all the amazing work the Charity does in East Kent. With hospices in Ashford, Canterbury and Thanet they support people not just in the hospices but in their homes as well.

Prior to the talk, 50 members enjoyed a cream tea with five varieties of cake, scones, jam and clotted cream and copious amounts of tea. It was such a joy to hear all the laughter and conversations going on amongst friends. Of course we finished off with the obligatory raffle which raised £130 alone. We will be sending the overall amount raised once the money has been counted. It was a very enjoyable and informative afternoon.



The East Kent News editorial team welcome articles from WIs which focus on special events or may be of particular interest to other members. Please limit the number of words to a maximum of 150 and just one or two individual photographs. Send the photos separately not embedded into the text, this makes editing much quicker. Please send as a word document not PDF. Copy should arrive by email one week before the end of the month.

## NEWS FROM OUR GUILDS

### ENVIRONMENT & NATURAL HISTORY GROUP

We have had a number of enjoyable visits so far this year - with outstanding weather.

We hope this continues for our next outing - to St Margarets on Monday 15th September. We will meet at the Village Hall at 10.00a.m. for a presentation about the village by Heather, one of our members, followed by a walk. After lunch we reconvene at St Margaret's Bay for more exploration of this fascinating area. On 9th October we go to Hamstreet Woods for a Fungus Foray led by wildlife expert Martin Newcombe. Members are invited to bring friends and family, but all must be booked a week before the events. Please contact the Federation Office for details. Our AGM is in early November and suggestions are always welcomed for future activities.

### DATES FOR CRAFT & HOME ECONOMICS GUILD IN DOVER MEETINGS & SPEAKERS FOR 2025

MEETINGS ARE EVERY 4<sup>TH</sup> WEDNESDAY IN THE  
MONTH AT 2PM.

#### 2025

September 24	Daniel Welsh From Dover District Council Talking About Our Waste & Recycling
October 22	Martin Newcombe Talking On Local Ghosts & Folklore.
November 26	Annual Meeting. Plus Our Birthday. So No Speaker.
December	T.B.A.

### SHEPPEY CRAFT & HOME ECONOMICS GUILD

Meet at 2.00 pm on the fourth Thursday of the month at The Bethel Church Hall, Chapel Street, Minster on Sea, Sheerness ME12 3QF. Contact the federation office who will forward your message to the guild's Secretary, if you want further details.

**LACEMAKERS GUILD** – we are a small group of enthusiastic lace makers, who meet monthly at Meadow Grange Nursery, Honey Hill, Whitstable CT5 3BP.

We would love for some new members to join us. We are happy to help beginners and have various pillows, bobbins, books and threads to get you started your lacemaking way. Meetings are held on third Tuesday of the month 10 am to 1pm. For further information : contact the Federation office who will pass on a message.

**NEEDLECRAFT GUILD** - The Needlecraft Guild is a very friendly creative group, who all enjoy trying their hand at traditional, experimental and new techniques of Needlecraft. We try a new project each month. Whatever level of ability, a warm welcome and help is given to new members. We meet on the fourth Wednesday of the month at 10.30am till 2.30pm at Chartham Hatch Village Hall, Bigbury Road, Chartham Hatch, Canterbury CT4 7NH. For further details contact the federation office who will forward your message.

**SPINNERS** – The Spinners Guild meet in Chartham Village Hall, Station Road, Chartham, Kent CT4 7JA on the first Monday of every month, unless it is a Bank Holiday, in which case the meeting takes place on the second Monday. The meetings start at 10.30am and end at 2.30pm. It's a friendly & lively group and, in addition to spinning, they have workshops on knitting, felting, weaving, button making - pretty much anything woolly! New members are always welcome and are put under the wing of experienced spinners to learn about the craft.

### DEAL & SANDWICH GUILD

Deal and Sandwich Guild meet on the third Monday at the Guildhall,, 2 - 4pm.

### WHITSTABLE CRAFT & HOME ECONOMICS GUILD

- Meet at St John the Baptist Church Centre, 11 St John's Road, Swalecliffe, Whitstable, Kent CT5 2QU on the 3rd Tuesday of every month. The meeting starts at 2.15pm. No meeting in August.